

STEP ONE

We were powerless over our addiction, our lives had become unmanageable. I've been using and abusing drugs for many years, denying that I had a problem. I had to go through a lot of trouble and pain, and ~~even then~~ I couldn't completely admit I had a pattern - I was addicted. I had to go through all this to be able to admit complete defeat.

The Utopia I was reaching for with drugs, was my way of running from myself. Through N.A. my running is over, recovery is possible. One thing that will defeat my recovery is my Ego, it would not let me admit that I was an addict. The powerlessness is so great I still hear the drugs calling me. I had to be high, ~~to~~ to be able to go out and get high - I had a death wish. I worshipped drugs. They possessed me, abused me, ~~they took it all~~. morally and emotionally robbed me. ~~they~~ stole it all.

Before I could start growing, I had to reach my bottom through